



SMALL PLATES

Calamari – Crispy Coated & Flash-fried, served on a bed of mixed Greens	\$ 9.00
Southwest Supreme – Warm Corn Tortilla Chips topped with Julienne Veggies & Three Cheese Blend; served with Tomato Salsa	\$ 9.75
Chicken Satay – Grilled Marinated Chicken Skewers with Tangy Dipping Sauce	\$ 9.00
Vegetarian Samosas – Crisp Pastry stuffed with lightly Curried Veggies Served with our House Mango Salsa	\$ 8.50
Fresh Fruit Plate – Seasonal Summer Fruits with cool Yogurt Dip	\$ 9.00

SALADS

Garden Green Salad – Mixed Greens, Tomato & Cucumber Choice of Dressing – Fat Free Raspberry/Light Italian/French/Garlic Pepper Ranch	\$ 8.50
Classic Caesar –Crisp Romaine & Croutons tossed in traditional Caesar Dressing	\$ 8.50
Citrus – Mandarin Oranges, fresh Mango & Grapefruit fusion tossed over Mixed Greens Drizzled with a Pineapple Vinaigrette	\$ 9.00
Ginger Sesame – Spring Vegetable Mix, Tomatoes & Cucumber Served on a bed of Romaine with a Ginger Sesame Dressing	\$ 9.00
*Add Grilled Chicken or Crispy Calamari to any Salad	\$ 4.00

WRAPS

Cabana Beach Wrap – Grilled Breast of Chicken, Crisp Bacon, Roasted Peppers, Shredded Three-Cheese Blend in a Sundried Tomato Tortilla	\$ 9.50
Zesty Veggie – Grilled Bell Peppers, Bermuda Onions & Shredded Three-Cheese Blend wrapped in a Spinach Tortilla	\$ 9.00
The Chicken Caesar – Grilled Breast of Chicken wrapped with crisp Romaine Drizzled in a Classic Caesar Dressing in a Pesto Tortilla	\$ 9.25

All wraps served with your choice of side Garden or Caesar Salad or Frites

WINGS

Wings – Mild, Medium, Hot & Honey Garlic	
10 Wings	\$ 8.99
20 Wings	\$ 14.99
Jerk Chicken Wings – Our Chef's Specialty!	
10 Wings	\$ 9.50
20 Wings	\$ 16.25



FROM THE GRILL

Chibatta Steak Sandwich – 5 oz Sirloin with Crispy Onion Strings, Sautéed Bell Peppers and Mushrooms \$ 11.00

Au Natural Vegetarian Burger – Grilled & Seasoned Veggie Soy Patty With a choice of two Creative Add-Ons \$ 8.50

Cabana Burger – Our signature 6oz Sirloin Burger seasoned & grilled to perfection \$ 8.25

Create your own masterpiece using our Creative Add-Ons:

Crispy Bacon / Canadian Cheddar / Swiss Cheese / Peameal Bacon
Caramelized Onions / Crispy Onion Strings / Grilled Mushrooms
Jalapenos / Pineapple Slices / Avocado Slices / Chipotle Aoli / Tomato Salsa \$.75ea.

All grill items served with choice of side Garden or Caesar Salad or Frites

CASUAL PLATES

Fish 'n Frites – Fresh Haddock Filets, lightly coated with our own Guinness Beer Batter \$ 9.95

Crispy Chicken 'n Chips – Seasoned Strips of Chicken Breast Served with our Tangy Plum Dipping Sauce \$ 9.95

*Frites may be substituted for a side Garden or Caesar Salad at no extra charge

SHARE PLATES – Serves 4-6

Cabana Platter – Calamari, Coconut Shrimp, Vegetarian Samosas \$ 30.75

Satay Platter – Marinated & Grilled Chicken, Beef & Shrimp Skewers Served with an assortment of Dipping Sauces \$ 34.00

Bruschetta – Lightly Grilled Baguette topped with Roma Tomatoes, Fresh Basil & Garlic \$ 18.00

Asian Platter – Thai Chicken Spring Rolls, Veggie Spring Rolls, & Vegetarian Samosas served with an assortment of Dips \$ 30.00

Crispy Chicken Strips – Served with Tangy Plum Sauce \$ 28.25

Fresh Fruit Platter – Assorted sliced and cubed Seasonal Fruits \$ 20.50